

A 1 Track Club



Health & Fitness Liability Waiver / Informed Consent Form For A 1 Track Club

I am enrolling _____ (athlete name) in A 1 Track Club, a AAU health and fitness program offered through A 1 Learning Connections. I recognize that the program may involve strenuous physical activity including, but not limited to, muscle strength and endurance training, cardiovascular conditioning and training, and other various fitness activities. I hereby affirm that the athlete enrolled is in good physical condition and do not suffer from any known disability or condition which would prevent or limit participation in this track program. I acknowledge that enrollment and subsequent participation in purely voluntary and in no way mandated.

I, _____ (parent/guardian name), hereby release A 1 Track Club, A 1 Learning Connections and its agents from any claims, demands, and causes of action as a result of the athlete voluntary participation and enrollment. I fully understand that the athlete may get injured as a result of enrollment and subsequent participation in this track program.

I _____ (parent/guardian name), hereby release A 1 Track and A 1 Learning Connections and its agents from any liability now or in the future for conditions that may occur during the athlete participation. I give all agents of A 1 Track Club to seek emergency medical care that may be necessary and administered by an authorized health caregiver. This emergency care may be at the expense of the parent/guardian.

I _____ (parent/guardian) gives the enrolled athlete permission to travel to and from practices and to and from scheduled track meets on transportation that is provided by A 1 Track Club as deemed necessary.

I HEREBY AFFIRM THAT I HAVE READ AND FULLY UNDERSTAND THE ABOVE STATEMENTS.

_____ (Parent/Guardian Signature and Date)

_____ (Parent/Guardian Printed Name)

_____ (Athlete Printed Name)

_____ (Contact Phone Number)